

# Agreement for Personal Training Services

www.Zegee.com/trainer/paul1970mc

## I. Client contact information:

first name: \_\_\_\_\_ last name: \_\_\_\_\_ birthdate: \_\_\_\_\_  
street address: \_\_\_\_\_  
city: \_\_\_\_\_ state: \_\_\_\_\_ zip: \_\_\_\_\_  
phone(mobile): \_\_\_\_\_ phone(home): \_\_\_\_\_  
emergency contact: \_\_\_\_\_ phone num: \_\_\_\_\_ relationship: \_\_\_\_\_

## II. Terms:

1. Today's date: \_\_\_\_\_
2. This agreement will begin on: \_\_\_\_\_ and end on: \_\_\_\_\_
3. This agreement is for **Paul McAleavey** (*trainer*) to provide personal training services for:  
\_\_\_\_\_ sessions at \_\_\_\_\_ sessions per \_\_\_\_\_, for \_\_\_\_\_ weeks.  
*example: ( 12 sessions at 3 sessions per week, for 4 weeks ).*

## III. Payment:

1. All payments for services shall be made payable to: **Paul McAleavey**.
2. Total payment due during the term of this agreement \$ \_\_\_\_\_.
3. Payment received \$ \_\_\_\_\_ on \_\_\_\_\_ ( *date* ).
4. Payment of \$ \_\_\_\_\_ shall be due \_\_\_\_\_ ( *if payment received is less than total payment required* ).

## IV. Rescheduling, Interruption of Service, Cancellation:

- A. Rescheduling of any session requires a minimum of 24 hour notice to avoid charges for that session.
- B. Interruption of service requires a written request to **Paul McAleavey** stating reason for interruption and anticipated continuation. Except in circumstances of emergencies, a minimum 15 day notice is required to avoid charges for pre-scheduled appointments.
- C. Cancellation of services requires 30 day notice to avoid charges for sessions already scheduled.
- D. If by any reason of death or permanent disability, the participant is unable to complete training program, he/she shall be relieved of the obligation of making payment other than for services performed prior to death or onset of disability.
- E. If the client is not on time for a scheduled session, it (session) may be cut. The fee for that session will remain unchanged.
- F. If the trainer is late for sessions, the time will be made up at that session or at a subsequent session.

## V. Renewal of agreement:

- A. Participant shall have the option to renew agreement under similar or new terms within 30 days of termination of agreement. Costs for services will remain in effect for duration of agreement.

## VI. Guarantee of services:

Should **Paul McAleavey** (*trainer*) not appear for a pre-scheduled, prepaid session, participant shall have the option to reschedule the missed appointment or receive a full refund for that particular session.

*Paul McAleavey urges all participants to obtain a physical examination from their physician prior to beginning any exercise program. Under certain circumstances Paul McAleavey may require a physician's approval prior to beginning a training program.*

I hereby acknowledge that I have reviewed and agree to the above conditions.  
Any questions that I had concerning these conditions have been answered to my satisfaction.

\_\_\_\_\_  
Client Signature Date

\_\_\_\_\_  
Trainer Signature Date

\_\_\_\_\_  
Printed Client Name

**Paul McAleavey**